

# Useful reading and video list for volunteers

Lymphoma Action has a whole host of information about lymphoma and the personal experiences of people affected. We've listed some suggestions below, which you can view by clicking on the links.

## Personal stories

Callum shares why it's so that important young people are aware of the symptoms

Hayley talks about adapting to a new life and accepting that it's to feel angry

Def Leppard guitarist Vivian Campbell reveals all about life with lymphoma

Jane shares how much she enjoyed the Live your Life workshop

**You can read all personal stories on [Lymphoma Action's website](#).**

## Videos and animations

What is lymphoma? A medical film explaining lymphatic cancer

Lymphoma – Experience of symptoms and diagnosis

What's your type? – Experiences with lymphoma subtypes

Emotional impact of living with lymphoma with Carol

Talking to people: Natalia's experience

Life after lymphoma: Kate's story

Caring for your partner with lymphoma: Sue and Neville's story

**You can watch all videos on [Lymphoma Action's YouTube channel](#).**

## Latest news

Read the latest news about treatment for lymphoma, national initiatives and our responses to different topics. **You can find the latest news on [Lymphoma Action's website](#).**

## Social media

Follow Lymphoma Action on social media to read latest articles, news and stories:



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