Volunteer with Lymphoma Action



Community Volunteer

Location: Across your local area / region

Time Commitment: Flexible – you decide how much time you'd like to give and the type of activity you'd like to do.

About Lymphoma Action

With the help of our wonderful volunteers, we aim to make sure that no one has to face lymphoma alone. Lymphoma Action is the UK's only charity dedicated to lymphoma, the fifth most common cancer. We've been providing expert information and support for over 35 years, helping thousands of people affected by lymphoma.

We welcome volunteers from all backgrounds, communities and experiences and strive to have diverse representation within our volunteer community.

How this role makes a difference

Although Lymphoma is the fifth most common cancer, it's still not widely recognised or understood. By acting as a representative of the Charity and creating local networks, you will be helping us raise awareness of lymphoma and widening our reach across the UK.

What's involved

This is an occasional role depending on opportunities in your local area, and we'll get in contact about any that are relevant for you. There is also the potential to proactively organise your own activities with guidance and support from the Charity.

Choose which activities you'd like to get involved in. These could include:

- Display posters and flyers across your local area to promote our services.
- Give a talk or presentation (in person or online) about lymphoma.
- Manage a Lymphoma Action information or awareness stand at an event.
- Support fundraising, from co-ordinating collection tins to attending cheque presentations.
- Provide on-the-day support to staff or lead volunteers at community events (like stewarding or joining a cheer team).

Where relevant, you will need to maintain good communication with Lymphoma Action volunteering activity organisers.

In addition, for all volunteering activities, you will be expected to:

- Identify strongly with our mission and values
- Positively represent Lymphoma Action throughout all tasks, communications and relationships as you carry out your role
- Carry out all volunteering activities within the Charity's guidelines, policies and procedures.

What skills and experience you'll need

- Be reliable, and enjoy meeting and working with people from all backgrounds and experiences
- A basic understanding of lymphoma and knowledge of Lymphoma Action, or be willing to learn
- Happy to volunteer both independently and as part of a team
- For giving talks, experience of public speaking and presenting
- Access to a mobile phone (and Zoom for training purposes)
- Access to a car or good public transport for travelling to activities
- Be over the age of 18.

If you have been diagnosed with lymphoma, or are close to someone who has, before taking on the role you/they will be at least 6 months on from completing treatment or starting on active monitoring.

What training and support you'll receive

- Induction and welcome to Lymphoma Action with task-based learning relevant to your activities, delivered online
- Ongoing support from a designated Lymphoma Action volunteer manager
- On-the-day support from a Lymphoma Action staff member or lead volunteer
- Reasonable expenses reimbursed in line with Lymphoma Action's policies
- Access to resources, guidance, news and updates about volunteering for Lymphoma Action.

What you'll gain from volunteering with us

- Be part of our valued volunteer community, which is at the heart of our work
- Develop a deeper understanding of lymphoma and the work of a national charity
- Opportunities to develop your communication, event support and teamwork skills
- Opportunities to bring your expertise and interests to the role
- Enhance your own wellbeing through being active in your community and connecting with others.

Next steps

Please complete our <u>Volunteer Enquiry Form</u>. A member of staff will be in touch to chat through your interest in this role. If you're looking to apply or have any questions, you can also contact the Volunteering Team by emailing **volunteering@lymphoma-action.org.uk** or calling **01296 619415**.