

# Volunteer with Lymphoma Action



## Insights Panel

**Location:** Home-based (meetings held via Zoom)

**Time Commitment:** Flexible opportunities – we will get in touch when we have an activity in your areas of interest.

## About Lymphoma Action

With the help of our wonderful volunteers, we aim to make sure that no one has to face lymphoma alone. Lymphoma Action is the UK's only charity dedicated to lymphoma, the fifth most common cancer. We've been providing expert information and support for over 35 years, helping thousands of people affected by lymphoma.

We welcome volunteers from all backgrounds, communities and experiences and strive to have diverse representation within our volunteer community.

## How this role makes a difference

Panel members will help to maintain strong links between Lymphoma Action, those affected by lymphoma and those who support us, primarily offering opportunities to connect virtually, alongside other methods of engagement. The Panel will predominantly support our strategic aim of being a voice for people affected by lymphoma, so that they can be heard, influence decisions that affect them, and raise awareness of lymphoma.

## What's involved

Panel members will:

- Offer valuable insights, feedback and unique perspectives for the setting and delivery of Lymphoma Action's plans and activities
- Share ideas for developing our current and future work and services
- Share their expertise, knowledge and experience to help us make informed decisions
- Bring a fresh outlook and perspective across a range of development areas
- Promote our work to external networks.

(Not having experience in a particular area will not affect panel member involvement.)

In addition, for all volunteering activities, you will be expected to:

- Identify strongly with our mission and values
- Positively represent Lymphoma Action throughout all tasks, communications and relationships as you carry out your role
- Carry out all volunteering activities within the Charity's guidelines, policies and procedures.

## What skills and experience you'll need

- Enjoy meeting and interacting with a diverse range of people
- Willing to engage positively with a variety of tasks and undertake training for them
- A basic understanding of lymphoma and knowledge of Lymphoma Action, or be willing to learn
- Able to give constructive feedback
- Be over the age of 18.

If you have been diagnosed with lymphoma, or are close to someone who has, before taking on the role you/they will be at least 6 months on from completing treatment or starting on active monitoring.

## What training and support you'll receive

- Induction and welcome to Lymphoma Action, delivered online
- Relevant training and ongoing development opportunities to help you in your role
- Ongoing support from a designated Lymphoma Action volunteer manager
- Access to resources, guidance, news and updates about volunteering for Lymphoma Action.

## What you'll gain from volunteering with us

- Be part of our valued volunteer community, which is at the heart of our work
- Develop a deeper understanding of lymphoma and the work of a national charity
- Opportunities to develop communication and teamwork skills
- Enhance your own wellbeing through connecting with others.

## Next Steps

Please complete our [Volunteer Enquiry Form](#). A member of staff will be in touch to chat through your interest in this role. If you're looking to apply or have any questions, you can also contact the Volunteering Team by emailing [volunteering@lymphoma-action.org.uk](mailto:volunteering@lymphoma-action.org.uk) or calling **01296 619415**.