

Volunteer with Lymphoma Action



Facebook Moderator

Location: Home-based

Time Commitment: Flexible – there is no specific time commitment. We suggest approximately an hour over the course of the day when you are checking Facebook.

About Lymphoma Action

With the help of our wonderful volunteers, we aim to make sure that no one has to face lymphoma alone. Lymphoma Action is the UK's only charity dedicated to lymphoma, the fifth most common cancer. We've been providing expert information and support for over 35 years, helping thousands of people affected by lymphoma.

We welcome volunteers from all backgrounds, communities and experiences and strive to have diverse representation within our volunteer community.

How this role makes a difference

Lymphoma Action's Facebook Support Group provides a safe online space for people affected by lymphoma to share their emotions and receive and information and support. For many, the Facebook group may be their only means of accessing peer support. Your time as a moderator will help us make sure that the group remains a supportive and respectful space as we grow our online community.

What's involved

- Follow discussion threads on the Facebook Support Group UK page
- Monitor all posts and content shared within the group to check that they comply with the group rules
- Approve members to join the group
- Manage and remove content if the posts breach the group rules
- Communicate with other volunteer moderators to manage posts and comments
- Follow Lymphoma Action's social media guidelines for volunteers.

As the role develops and following a discussion with your volunteer manager, you may be asked to initiate discussions in the group.

You will be able to continue to participate in discussions within the group in a personal capacity, being mindful of your role as a volunteer moderator.

In addition, for all volunteering activities, you will be expected to:

- Identify strongly with our mission and values
- Positively represent Lymphoma Action
- Carry out all volunteering activities within the Charity's guidelines, policies and procedures.

What skills and experience you'll need

- An understanding of how a diagnosis of cancer can affect people and those close to them (or you are willing to learn)
- An understanding of lymphoma and knowledge of Lymphoma Action (or a willingness to learn more).
- Experience in using Facebook
- Good communication and teamworking skills
- Access to a digital device (computer, tablet, mobile phone) to log onto Facebook
- An empathetic, sensitive manner and a non-judgemental approach
- Enjoy meeting people from all backgrounds and experiences
- A flexible approach to volunteering
- Be over the age of 18.

If you have been diagnosed with lymphoma, or are close to someone who has, before taking on the role you/they will be at least 6 months on from completing treatment or starting on active monitoring.

What training and support you'll receive

- Induction and welcome to Lymphoma Action, delivered online
- Relevant learning and training opportunities to help you in your role
- Ongoing support from a designated Lymphoma Action volunteer manager
- Access to resources, guidance, news and updates about volunteering for Lymphoma Action.

What you'll gain from volunteering with us

- Make a positive impact by supporting people affected by lymphoma
- Be part of our valued volunteer community, which is at the heart of our work
- Develop a deeper understanding of lymphoma and the work of a national charity
- Enhance your own wellbeing through connecting with others.

Next Steps

Please complete our [Volunteer Enquiry Form](#). A member of staff will be in touch to chat through your interest in this role. If you're looking to apply or have any questions, you can also contact the Volunteering Team by emailing volunteering@lymphoma-action.org.uk or calling **01296 619415**.