

CNS Masterclass

9.30am - 4.30pm, Wednesday 23 October 2019

The Old Library, Zellig, Gibb Street, Digbeth, Birmingham B9 4AT

www.lymphoma-action.org.uk/Masterclass

Programme

9.30am	Registration (with refreshments)
10am	Welcome and introduction to the day – Stephen Scowcroft, Director of Operations, Lymphoma Action
10.10am	The role of survivorship in approaching lymphoma management (why survivorship is a key focus for management, what this means and how to support individuals) - Barbara von Barsewisch, Haematology CNS, North Middlesex University Hospital NHS Trust
11am	Break
11.20am	Health promotion during treatment – the role of exercise, diet and smoking-cessation (techniques and strategies, supporting individuals to maintain their lifestyle) - Sarah Wells, CNS, The Christie NHS Foundation Trust & Trevor Lynch, individual with lymphoma
12.20 am	Open forum – sharing your practice and areas of research <ul style="list-style-type: none"> • <i>An exercise rehabilitation programme for those undergoing chemotherapy for primary cancer</i> • <i>Tacking issues around shared-care</i> • <i>Providing support in rural areas</i>
1pm	Lunch
2pm	The survivorship self-management programme – an update on Lymphoma Action’s Live your Life project and outcomes, and an interactive discussion on future developments to widen the reach to new parts of the diagnosis, treatment and management pathway. Stephen Scowcroft
2.45pm	Dealing with the side effects of lymphoma and its treatment (to cover cognitive impairment and fatigue). Speaker TBC
3.45pm	Lymphoma and palliative care - Charlotte Bloodworth, Haematology CNS, NHS Wales
4.30pm	Close of day

Please note that this is a draft programme and is subject to change.

Find out more or book your place

 01296 619 412

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